## Community Information Sessions

## How to apply for the NDIS

The Centre for Healthy Living is running group sessions in the Southern Downs area to help you learn how to apply for the NDIS.

## These sessions will explain:

- ❖The steps you need to take
- Who to contact
- ❖ How to get the forms you need
- **❖** How to fill in the forms
- What you need to ask your doctor or health professional



Please contact The Centre for Healthy Living to find out when and where your nearest session is and for bookings on: (07) 4661 3340



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