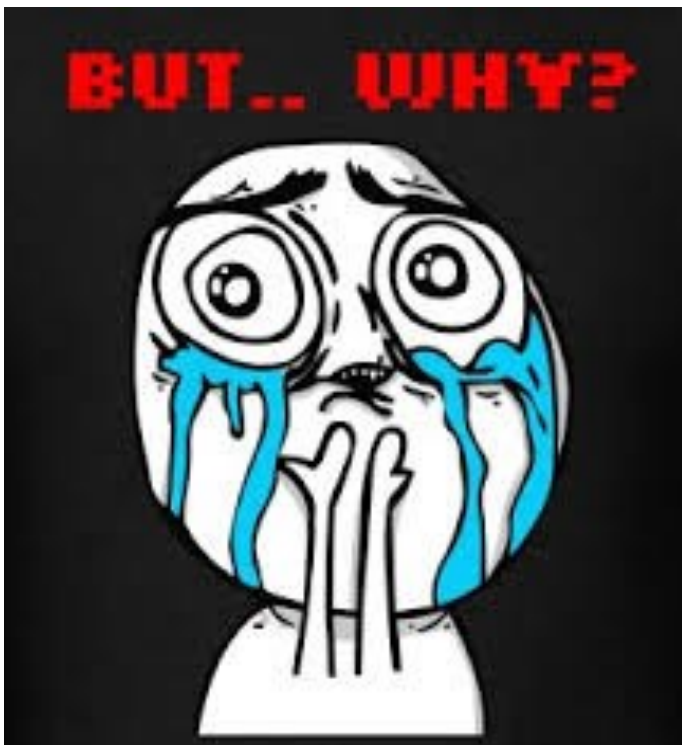


NAVIGATING ANGER AND GUILTY EMOTIONS

WRESTLING WITH YOUR EMOTIONS?
KEEN TO LEARN HOW TO MANAGE YOUR OWN EMOTIONAL BEAST?

The RAGE program is about exploring anger in a series of 3 workshops.
It is designed to help youth aged 13—17yrs tackle anger and other strong emotions

MYTHBUSTERS



**REGISTER by
Mon 13th Feb**

**3 workshops over
3 Saturday's
10am—2.30pm**

Feb 18, 25th & Mar 4th



WHERE: Granite Belt Neighbourhood Centre, 8 Corundum Street, Stanthorpe

WHEN: Saturday Feb 18th, Feb 25th & March 4th 10am—2.30pm

Registration: With Darryl Peters 0434 493 848

Registration is required. Workshop is free. Parental/guardian consent is required.
A minimum of 10 participants is required in order to run this workshop.
If 10 registrations are not received the workshop will be cancelled.